

The Birth of Isaac

Old Testament Lesson #14 • Genesis 21:1-8

Celebration Parfait

Shopping List

- 1 plastic cup
- spoon
- almonds
- sunflower seeds
- chocolate chips
- dried fruit
- yogurt

Directions

- Place food into cup in layers the day before.
- Just before serving, spoon yogurt over the top.

At the birth of Isaac there was a feast. Enjoy this healthy feast parfait!

